**Don’t Waste COVID-19!**By the Next Generation Discipleship Team

Warm greetings from the Next Generation Discipleship Team! In these strange days of COVID-19, as we all stay “Safer At Home,” we want to remind and encourage you to make use of the spiritual disciplines available to us all at home. Our purpose in this is that we all continue to grow in trust and love for the Lord Jesus and for each other, even as we are separated physically. The two things we encourage you to do daily are 1) Family Worship and 2) Catechism.

**Family Worship** is the practice of gathering daily with those you live with (those in your family or with roommates) for about 15 minutes (longer if you like) to worship God through reading His Word, singing to Him, and praying together. If you have never done this, what a perfect time to begin! If you need help, <https://www.crossway.org/familyworship101/> is a short set of daily instructions to walk you through it. The church as a whole seems to be realizing how important this practice is, and there are many resources available. However, it really is as simple as 1) sit down together each day, 2) read a portion of Scripture together, 3) pray together, 4) worship God in song. (If you are not musical, use a recording and sing along; having the words printed out helps.) If you have young children, you will find some encouragement in a short article here:

<https://www.crossway.org/articles/how-to-do-family-worship-with-young-kids/>

**Catechism** is a way for us all to learn the doctrines of God together. It can be as simple as printing out the weekly catechism from Kathy’s weekly email and reading through the question- and-answer out loud together each day. Then choose a word or phrase to discuss briefly (or longer if you like). There are associated Bible verses to look up, and if you wish, you can work to memorize this question and answer together each week. This is a very helpful and worthy goal, but even if you do not memorize it, you and those in your home will benefit tremendously from saying, hearing, and discussing these truths each day. You could choose to combine this with your family worship time, or do it separately. But please do it! It is a way to keep God’s truth in front of us, a way for us to have unity as a church body as we learn together these beautiful truths about our Lord. As we have been providentially placed in a stay-at-home situation, with all our busyness having come to a screeching halt, one great blessing could be that we develop these habits of grace. May God strengthen us for this work, and give us joy in Him together as a result! May He be praised.